

I also know that every individual has their own way of looking at the world, their own expectations and their own ideas about the support that they might want. The challenge for Powys Carers Service is to be able to recognise this and be there for you in the way in which you want with support and information that is valuable and makes your life easier. We would also like to work with you to find better ways of supporting you than we have now.

Since our last newsletter we have lost not only our previous Director but also two of our outreach workers who worked with Adult Carers in Radnor, North Brecknock and Brecknock itself. We wish Kate, Annette and Sarah well for their future as I know they wish us.

On a happier note I am delighted to welcome Fran Mungovan in Radnorshire & N Brecknock, Deborah

Wilkie in Brecknock and Margaret Thomas in Ystradgynlais as new members of the team. All have had many years of experience in finding their way 'through the system' and I am sure that they will provide valuable support. If you have had contact with one of our previous outreach workers who have now left and would like to talk to your new one quickly you can find their contact details at the end of the newsletter. Fran, Deborah and Margaret are keen to catch up with individual carers and groups so please bear with them as they try to get round to everybody. They will also endeavour to continue any ongoing work but please let them know if you need anything or feel that you might have been forgotten!

I hope that you enjoy this issue of the Newsletter and that you also find it useful. Over the coming months we want to focus on specific issues that affect carers and provide useful

information that will enable you to make the best use of the services available. We also want to act as a forum for carers to discuss changes or alternatives to the services they currently receive and we welcome any letters or comments or information you think that others might find useful.

With warmest best wishes,

Gyles Palmer

MEET THE TRUSTEES

Hi, I'm Ann Williams, one of PCS's Trustees and currently Vice- Chair.

I have worked as a volunteer for many years, both in the criminal justice system and for children and families organisations, being chair of Powys Children and Families Forum, PCFF, for several years. It was then we had the first meeting about young carers, way back in August 1995.

I helped set up and run Powys Young Carers, PYC, until we became part of Powys Carers Service in 2003, when as a result of many months of consultation and planning, we were able to provide full-time posts for our carers support workers – always our dream... And, after a bit of a hiccup this year, we are still on track. Funding is always a bit of a nightmare – a constant roller coaster of applications and waiting, so we can't sit back for a moment!

I have never been a carer, though I did help look after an elderly neighbour some years ago. I'm older than I feel! Having three grown up children of nearly 29, 27 and 23, the youngest of whom is getting married this summer and embarking on medical training and following in her Father's footsteps.

I still, of course, have a particular interest in young carers and am very proud of their achievements. I attend days out – when invited! But I am sorry to be unable to attend the first Welsh Young Carers Festival this summer – I am sure it will be great!!



*Fran Mungovin -
Outreach Worker for Mid Powys*

Farewell & Welcome!

It seems to be all change here over the last few months.

As you know, Kate Young left as Director at the end of March to take up the position of Assistant Director of Wales at SCOVO in Cardiff. Gyles has sat in the Director's chair since early May (I've been doing more than sitting! - Gyles).

We have also said farewell to Anne O'Brien, our Administration Assistant, who put in a lot of work in the main office. Anne is currently covering maternity leave at CARAD in Rhayader.

Fran Mungovin joined PCS in early June and is working to support Adult carers in the Radnor and North Brecknock area, previously covered by Sarah Baker.

Margaret Thomas has also joined us in mid June to work part-time supporting carers in the Ystradgynlais area, replacing Carol Wood who moved to Ireland earlier this year.

Annette Davies moved to work for Social Services in Mid April. Deborah Wilkie started working part-time in the area from Mid June. (See Profile)

We're sure you'll join us in giving best wishes to everyone for the future and welcoming our new team members